



OKANAGAN RETREAT
AL FRESCO DINING
AND WINE THERAPY
IN B.C. {page 14}

RYDER CANADIAN POWERS TEAMMATE TO VICTORY {page 20}



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Wednesday, July 20,
2011

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News worth
sharing.

Folk. Train



► Folk Festival musician T. Buckley, centre, plays with New Country Rehab members John Showman, left, and Roman Tomé, yesterday on the C-Train.

KATIE TURNER/METRO

All aboard for live music

Until Friday, musicians will be hopping aboard the C-Train to entertain Calgary Transit customers as part of the Calgary Folk Music Festival, which runs tomorrow through Sunday.

Beware of Lyme disease: Vet

► Five Alberta ticks test positive for the potentially life-threatening disease



JEREMY
NOLAÏS
@METRONEWS.CA

This time what the cat dragged in could kill you.

Provincial health officials issued a formal warning yesterday after a small group of ticks found on pets in Edmonton and Calgary tested positive for Lyme-disease bacteria this year.

Calgary veterinarian Julie Schell said pet owners should definitely be aware of the potential dangers associated with the disease. If a tick is squeezed when being removed from a pet, it can release parasites carrying the disease and infect an owner, she said.

"I would say it's really bad," said Schell, who has seen three times the number of pets carrying ticks come through her clinic this year. "It's really hard to diagnose.... Just over the past few months there have been five cases that are known, but you can imagine how many are unknown."

Dr. Andre Corriveau, the province's chief medical officer, said ticks like to climb on tall grass and bushes, then latch onto an

Lyme disease facts

- There were 20 human cases of Lyme disease in Alberta between 1989 to 2008. All were thought to have been picked up outside of the province.
- Symptoms include muscle and joint pain, heart condition, weight loss and, in some serious cases, heart failure.
- For more information visit myhealth.alberta.ca. If you suspect Lyme disease call HealthLink at 403-943-5465.

animal, burrow and feed on their blood.

"The first thing that will happen is a rash will develop around the site of the bite and it will look like a bull's eye," he said.

For removing the ticks, Schell suggested using rubber gloves and purchasing devices designed specifically for the task. She also says if you are bitten and have "waxing and waning illness" in the following weeks, not to ignore those symptoms.

● WITH FILES FROM SHELLEY WILLIAMSON



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No flying stages at folk fest

Even after the stage at the Ottawa Bluesfest collapsed due to strong winds, organizers of the Calgary Folk Music Festival say they are certain it won't happen here, thanks to a long list of safety precautions.

An on-site meteorologist, as well as the combined efforts of festival organizers, the City of Calgary Parks, Calgary Police Services and others, will help keep festival-goers safe, says Les Siemieniuk,

general manager of the event.

Blueprints of every structure the festival plans to put up must be submitted to the city in September, almost a year before the event begins.

"Before the gates open, we're inspected by the fire, police, health board and building inspectors to make sure the structures are safe," Siemieniuk said.

The skies are watched closely and constantly, and

an emergency plan is in place if the weather does become volatile.

Siemieniuk doesn't think there will be any problems this year, even with Calgary's unpredictable weather.

Braden Latam, who plans on attending the festival, is not worried, either.

"They've done enough concerts and festivals in that area that they're used to the wind," he said.

● YASMIN JASWAL



YASMIN JASWAL/FOR METRO

Grit your teeth: Gridlock coming

- 52nd Street S.E. to shut down next month between 94th and 106th
- Southeast commuters fuming



JEREMY NOLAIS
@METRONEWS.CA

Closure looms on a second southeast Calgary commuter route next month, leading one alderman to call for better co-ordination on construction projects undertaken by the city and province.

On Aug. 13, 12 blocks of 52nd Street S.E. will be shut down for a year for construction. Couple that with a lane closure on northbound Deerfoot Trail for province-led resurfacing expected to last until October and you have one giant commuter headache, says Shane Keating, the alderman for the area.

"It's fabulous that we're doing all this stuff, but there's got to be a more co-

Road woe

► The overall budget for the project is \$110 million. It will see 52nd Street SE widened from two lanes to six from Glenmore Trail to 114th Avenue SE and from two lanes to four from 114th to 130th Avenue SE. Crews will also construct two bridges and do routine maintenance.

ordinated effort from all levels of government to lessen the impact on anyone trying to get out of the area," he said.

Calgarian Pat Gorham, who uses 52nd to commute to her job as a teacher, was disappointed to learn of the closure yesterday.

"You're not giving the



► Ald. Shane Keating says a lack of communication between the city and the province has led to congestion caused by construction on several major routes in the city, including Deerfoot Trail.

southeast any options to get to work — or anywhere," she said.

Tammy Forbes, spokeswoman for Alberta Trans-

portation, noted the projects are meant to improve commuter routes over the long term.

"We appreciate that

there are disruptions and I believe the city and province would work to mitigate those disruptions as best we can," she said.

Rogue radio station hits some bumps

Targeting a controversial summer contest, vandals have made their mark on the office of 90.3 AMP Radio.

This morning, staff at the radio station arrived to find modified images of the station logo reading

"90.3 Sexist Radio."

The station drew mixed reviews last month when it launched a promotion called "Breast Summer Ever," whose grand prize is breast-augmentation surgery.

● METRO

10 AMP Radio recently narrowed the field of contestants to 10, and said a winner will be announced in a few days.

News in brief

Electrical storms light up city

WILD WEATHER. Lightning had firefighters on the run yesterday, as reports of several strikes led emergency teams to a number of spots in the city. No serious damage was reported. ● METRO

EcoAction links youth and nature

BACK TO THE LAND. A new school at Ralph Klein Park encourages grade-school students to connect to the environment. The EcoAction school, launched by the city and Encana, lets students and teachers spend a week learning about ecology and sustainability.

● METRO



News that should surprise no one: You can do yoga on a giant surfboard in Seattle. Scan code for story.

1 Download the free ScanLife app with your smartphone at 2dscan.com

2 Use your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to m.metronews.ca

On the web at metronews.ca



Google Street View's new trike camera makes its Canadian debut in Toronto. Video at metronews.ca

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'I was too trusting': Murdoch

Summoned by British lawmakers yesterday to account for a phone hacking and bribery scandal, Rupert Murdoch said he was humbled and ashamed but accepted no personal responsibility, insisting he was at fault only for trusting the wrong people at a now-defunct tabloid that made up a tiny portion of his vast media empire.

The 80-year-old media tycoon endured a three-hour grilling from lawmakers, escaping attempts to draw to tar him with individual blame for the scandal that

has rocked his empire.

The scandal has become a page-turner of a drama, with scenes of private detectives hacking phones, cops being bribed for news tips, politicians being wined and dined and a murdered teenager whose phone messages were intercepted. And only a fraction of the nearly 4,000 people whose information was hacked are known and the police investigation appears to be widening.

"This is the most humble day of my career," said Murdoch. **THE ASSOCIATED PRESS**

Quotes of the day

Key figures in Britain's phone hacking scandal faced questioning yesterday from lawmakers seeking to uncover the extent of criminality at Rupert Murdoch's News of the World tabloid.

The proceedings shifted in tone following an attempted pie-in-the-face on Murdoch.

Here are some quotes:

THE ASSOCIATED PRESS

"This is not as an excuse.... I employ 53,000 people ... who are proud and great and ethical and distinguished ... professionals in their work."

RUPERT MURDOCH, MEDIA TYCOON

"It's a matter of real regret that the facts could not emerge and could not be gotten to, to my understanding, faster."

JAMES MURDOCH, MURDOCH'S SON

"I have never paid a policeman myself. I have never ... knowingly sanctioned ... a payment to a police officer."

REBEKAH BROOKS, FORMER NEWS OF WORLD EDITOR

"Your wife has a very good left hook."
(After Murdoch's wife slapped a protester who rushed her husband)

TOM WATSON, LAWMAKER

Journalist's death 'not suspicious,' say police

Sean Hoare said he was told to stop at nothing to deliver celebrity scoops for the Sunday papers, and he delivered some of the most sensational. Hoare's death this week added another tragic twist to the very scandal he helped bring to light.

Police discovered Hoare's body at his home north of London on Monday. They said yesterday a post-mortem found no evidence of outside involvement, calling it "non-suspicious." **THE ASSOCIATED PRESS**



HANDOUT



KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS



"I've never hacked a phone, told anyone to hack ... or published any stories based on ... hacking ..."
(Twitter response)

PIERS MORGAN, FORMER NEWS OF THE WORLD EDITOR

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Fugitive could escape: Lawyer

- Prosecutors say he is connected to criminals
- Defence will argue possible execution if deported

A Chinese fugitive's links to organized crime in Canada make him a serious flight risk, a federal government lawyer told the man's detention hearing.

Kevin Boothroyd, who represents the Canada Border Services Agency, said yesterday that evidence presented at Lai Changxing's Vancouver hearing shows he not only has close contact with criminals, he has done business with them.

Boothroyd said those connections could help Lai escape.

"Lai is in close contact with people who can facilitate his flight," Boothroyd said.

Vancouver Police Det.

James Fisher told the hearing earlier that Lai's connections with the Big Circle Boys gang could enable him to get fake documents good enough to fool border officials.

Fisher said an informant of his was part of a conversation in which Lai talked about running a gaming house in British Columbia. He testified that while his source didn't see a bet made at the house in Richmond, B.C., he was present when Lai talked about his role in the illegal gambling den.

Lai is wanted in China over accusations he bilked the Communist government out of millions of tax

dollars. He arrived in Canada in 1999 and has been fighting his removal from the country ever since.

The man's criminal connections, combined with his repeated breaches of release conditions and the potential for his impending removal from Canada back to China, adds more weight for the Immigration and Refugee Board to order him detained, Boothroyd told an Immigration and Refugee Board member.

"Mr. Lai's continued close and prolonged association with these people is a clear indication that he's a very serious flight risk," he said.

THE CANADIAN PRESS



► Marious Merasty plays in a public fountain in Winnipeg yesterday.

JOHN WOODS/THE CANADIAN PRESS

Full heat ahead for cities

Temperatures reached about 36 C in Winnipeg. And while the Toronto area was getting a bit of a break from its extreme heat yesterday, the thermometer is expected to rise to 38 C in that city again today.

Shuttle Atlantis gives its final salute

The Atlantis space shuttle left the International Space Station for the last time yesterday, heading home to end the 30-year run of a vessel that kept U.S. astronauts flying to and from orbit longer than any other rocketship. All that remains of NASA's final shuttle voyage is the touchdown, targeted for the pre-dawn hours in Florida tomorrow.

"Get her home safely and enjoy the last couple days in space shuttle Atlantis," the station's Mission Control told Cmdr. Christopher Ferguson and his crew. Replied Ferguson: "It's been an incredible ride."

The space station rotated to provide never-before-seen views of the complex. Atlantis flew halfway around the outpost, cameras whirring aboard both craft. THE ASSOCIATED PRESS



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Northgate Centre
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CAUGHT IN THE CHROMOSOME WITH A CAVEMAN

JUST SAYIN' ...

PAUL SULLIVAN
METRO



Well, this explains a lot. Turns out there's a little caveman in all of us.

According to a team led by scientists from the University of Montreal, a piece of DNA that makes up part of our genetic structure definitely came from the Neanderthals. And that applies to everyone who did not originate in sub-Saharan Africa.

The Neanderthals, you'll recall from school and the funny pages, were those not-quite ready-for-prime-time near-humans who were rendered extinct by the vastly superior Cro-Magnons — that is, us.

Neanderthals were typically depicted as knuckle-draggers with low-sloping foreheads and a tendency to bash first and ask questions later. The story was they didn't have the intellect — or the looks — to overcome their fate.

You'd better get in touch with your inner caveman, because there is conclusive evidence that our ancestors found their Neanderthal cousins attractive after all, maybe after a few fermented grain infusions, and those prehistoric boogie nights live on as part of our X chromosome.

The Neanderthals, like Britney Spears, were mainly victims of bad press. Discovery News, in an attempt to set the record straight, reports they possessed the gene for language and had sophisticated music, art and tool-making skills, and their cranial capacity was as large as or larger than the competition's. It all adds up to sexy and smart if you're a Cro-Magnon looking to hook up.

All this transpired

between 30,000 and 50,000 years ago, which means that unless there are undiscovered cave paintings revealing exactly what happened, it's pretty much a matter of idle speculation, which has never stopped us before. You can bet, though, that despite all the sophisticated music and art, this smoking X chromosome is the result of some pretty dangerous liaisons: "No, you can't take her to the mastodon hunt. She's not your genotype."

Of course, this is a godsend for those of us looking around for someone else to blame. "It's not my fault I got rib sauce all over my shirt front. My X chromosome is nine per cent Neanderthal." For those of us who are politically correct, this is our cue to start feeling guilty for persecuting the Neanderthals. Obviously, they were here first. They invented fire. And in return, all we've ever done is steal their stuff, tell them sweet little lies and slander them in our textbooks. We've got a lot to answer for.

Read more of Paul Sullivan's columns at metronews.ca/justsaying

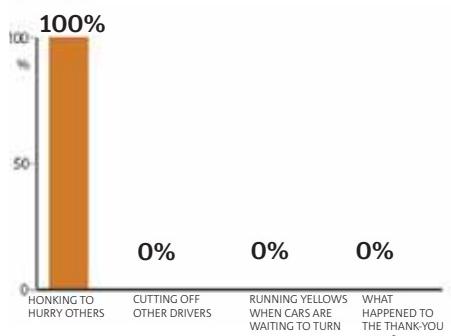


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What's the worst discourteous driver habit?



Local tweets

- **@Decklun:** Still soaking in Aloe Vera, using the dab technique to dry and hiding in the basement from the sun. #yyyc #summer #hopingtoturnbrown.
- **@curtisforsyth:** Three people in line at A&W is the equivalent wait of 40 in line at Tim Hortons #breakfast #yyyc
- **@jenludek:** It is actually probably -7 in my office. #yyyc
- **@CgyCraig:** The odd, creepy guys in d/t #yyyc seem a little odder, creepier today. #heatwave

- **@sonia_couture88:** HOT HOT HOT. Another hot day at #yyyc. Gorgeous, but I kinda wanna run around naked, it's so hot. Is that allowed? #Nudity
- **@CarolCarnes:** #YYC Only two horses died in the Stampede rodeo this year. Gee, we've made progress.
- **@maniacalmom:** Dear #yyyc #airport merchants...hire some fucking staff!!! 15 min in line to buy a single cup of coffee is horse pucky!
- **@geoffv:** Another hot day in #YYC, I curse HR requirements for employees to wear pants in the office.

Worth Mentioning

JURASSIC. Manitoba paleontologists have unearthed the bones of several prehistoric sea creatures some 80 million years old.

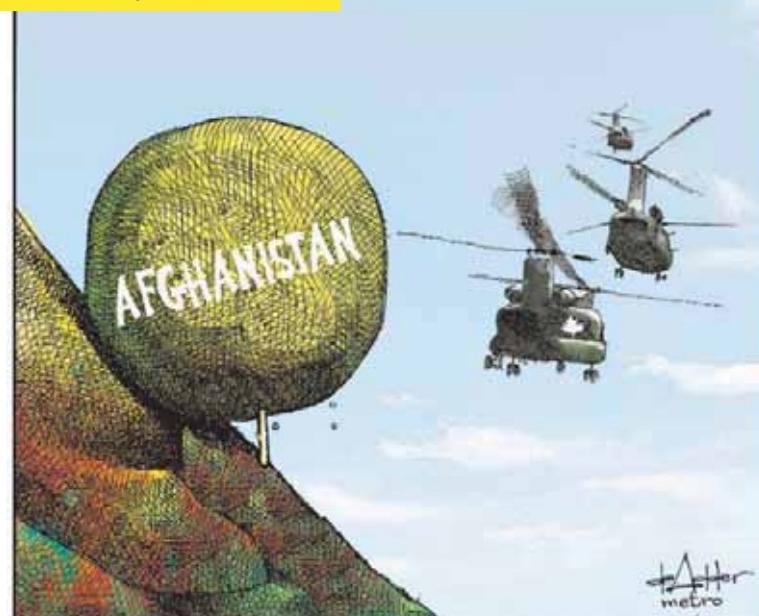
Scientists from the Canadian Fossil Discovery Centre in southwestern Manitoba have dug up two mosasaurs — a huge predatory reptile known as the T. Rex of the sea. The dig site has also uncovered a prehistoric squid and bird skeletons, as well as two other as-yet-unidentified fossils.

The museum is already home to the largest mosasaur in Canada — a 13-metre-long creature called Bruce — but curator Anita Janzic said the new find is significant.

"It was not just this big, wide, open sea," she said. "It's giving us some new insight into what the seaway was like — a more shallow marine than some of the other places are thought to be. That is changing how we are looking at the seaway and that, to me, makes this site very interesting." Some of Canada's richest deposits of marine dinosaurs are found in the soil of Morden, about 100 kilometres southwest of Winnipeg.

THE CANADIAN PRESS

Cartoon by Michael de Adder



WEIRD NEWS

If you like mayo, you can lay it on really thick

Who knew a disagreement about mayonnaise could lead to an all-expenses-paid divorce?

With marriage breakups as common these days as coffee runs, at least one well-known consumer product is cashing in on the heartbreak.

Miracle Whip announced its Not for Every Relationship contest, which allows couples to submit videos to the brand's YouTube channel on how the

condiment has helped or hindered their relationships.

The winner gets \$25,000 towards the cost of a wedding or divorce.

"The Not For Every Relationship contest was inspired by social media conversations about consumers' love or hate for Miracle Whip in the context of their own relationships," Sara Braun, director of Miracle Whip said in a statement.

It is an extension of the company's We're Not For Everyone marketing campaign, which celebrates the lovers and haters of Miracle Whip.

"Knowing the condiment isn't universally loved has given us licence to focus on the notion that it can actually make or break relationships," she said.

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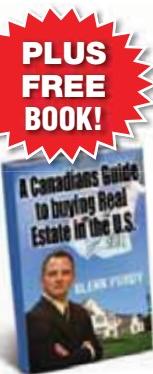
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Health apps to get checkup

- U.S. plans oversight of some medical applications for mobile devices
- Guidelines will deal with apps that present a risk to patients

The U.S. Food and Drug Administration is taking steps toward regulating the rapidly expanding field of medical applications, or apps, for smartphones and other handheld devices.

With the rise of the iPhone, Android and other mobile devices has come a

flood of apps designed to help people stay healthy. Industry analysts estimate there are already more than 17,000 medical apps available, ranging from calorie counters to programs that let doctors see medical scans on their phones.

The FDA says it will begin regulating a handful of

these programs that pose the greatest risk if they don't work properly.

A draft proposal says the FDA will regulate apps that combine with medical devices such as heart monitors that transmit to a smartphone.

THE ASSOCIATED PRESS



Wi-Fi tablet still on track: RIM

Production of the wireless network version of Research In Motion's PlayBook tablet will go on as planned, despite rumours it was being scuttled.

In fact, RIM said yesterday that it has more rollouts planned for Southeast Asia, Western Europe and the Middle East in the coming weeks.

The Wi-Fi PlayBook is cheaper for consumers because it doesn't need a monthly data plan from a wireless carrier and connects to the Internet via short-range public or home wireless networks.

THE CANADIAN PRESS



► RIM's PlayBook

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Market moment

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+ \$1.57 (\$97.50 US)	Gold contract \$1,601.10 US (- \$1.30)

Nashville spurns call centre after layoffs

A U.S. call-centre company that laid off 1,200 Canadian workers — without warning, compensation or even their final paycheques — has lost a major deal with the City of Nashville.

Officials of the Tennessee capital said yesterday they were no longer in discussions with New York-based IQT Solutions to locate the business

there.

Nashville had earlier said it would give the company \$1.6 million in incentives to create 900 jobs in the city.

"We are dismayed about what happened in Canada and don't think workers anywhere should be treated that way," city official Matt Wiltshire said in a statement.

The Quebec and On-

tario governments, meanwhile, are meeting the laid-off workers to see what can be done to help.

About 600 workers were laid off at offices in Oshawa, Ont., as well as 450 in Laval and 140 in Trois-Rivières, Que., in a move that employees described as "savage."

Labour laws generally require employers to give two weeks' notice of a lay-

off and a minimum of four per cent of salary earned in the last year, generally considered vacation pay.

The Quebec labour board could take legal action against the company for not paying workers their outstanding wages and other money owed under Quebec laws on layoffs.

THE CANADIAN PRESS

Deal-breaker

- The announcement by the City of Nashville comes just one day after the mayor demanded an explanation for the abrupt sacking of the Canadian workers.
- Quebec's Employment Minister, Julie Boulet, says three companies have expressed interest in hiring the laid-off workers.

Google. Street View



► Google unveils its new Street View tricycle in Toronto yesterday. The trike is rolling out across Canada.

VINCE TALotta/TORSTAR NEWS SERVICE

Google trike on a trek

Google's Street View trike goes where cars can't, such as university campuses, hiking trails and theme parks. Over the next two months, a cycling duo will photograph landmarks in the Toronto area. Plans are also afoot to photograph Vancouver and other Canadian cities.

Bank retains key rate

The Bank of Canada left its key overnight interest rate unchanged at one per cent yesterday, but suggested that continued growth in the Canadian economy will mean a hike in the near future.

Observers believe an increase could come as early as October. However, the

European debt crisis and slow pace of growth of the U.S. economy could drag down the Canadian economy.

It's thought that the central bank will wait to see if its economic outlook is on track before moving to raise rates.

THE CANADIAN PRESS

Ruling favours Kodak

Apple Inc. has lost a second round in its dispute over a digital-camera patent against Eastman Kodak Co. The U.S. International Trade Commission yesterday affirmed a preliminary decision in May that Kodak's technology doesn't infringe on

Apple's patent rights and that one of the two patents in dispute is invalid.

Kodak, the 131-year-old photography pioneer, is caught in a race to redefine itself in the cutthroat digital-imaging arena.

THE ASSOCIATED PRESS

Solar. Challenge

Green fun in the Texas sun

No deal on Google books

► Judge warns he will decide if no settlement reached ► Google wants to offer more books online

A judge yesterday warned lawyers for authors and publishers and for Google that he will decide whether snippets of books can be sold online without the permission of copyright holders if the sides do not settle their six-year-old case soon with an agreement to create a massive online library.

"It's been a long time," Federal Judge Denny Chin told the lawyers in Manhattan as they updated him on the status of negotiations

The issue

Google Books is a searchable index of literary works while Google eBooks allows readers to access books wirelessly on digital devices.

► The lawsuit was first brought in 2005 by authors and publishers after Google failed to obtain copyright permission to scan the books.

aimed at reaching a new deal after the judge in March rejected an earlier settlement, citing antitrust concerns. That \$125-million deal had drawn hundreds of objections from Google rivals, consumer watchdogs, academic experts, literary agents and even foreign governments.

Chin expressed pessimism yesterday that a new deal could be reached, but he gave both sides until Sept. 15 to report back to him. THE ASSOCIATED PRESS

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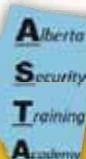
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Scene in brief



Garry Shandling is scheduled to get a lifetime achievement award next week at the Just For Laughs comedy conference in Montreal.

THE CANADIAN PRESS



Work under way on \$650,000 trail to bypass Metallica front man's Northern Calif. property.

No damsel in distress

► The Captain America leading lady is about to be very famous, but she's trying not to think about that



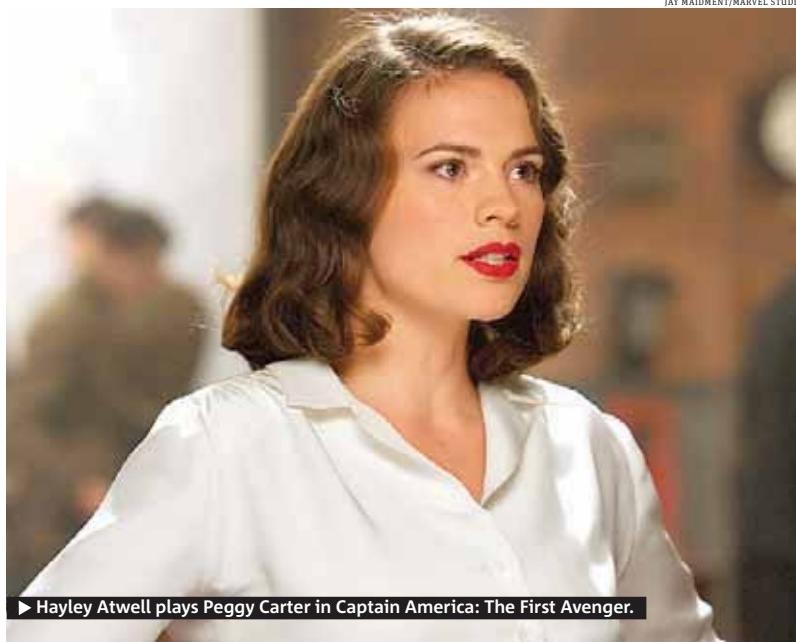
NED EHRBAR
METRO WORLD NEWS
SCENE@METRONEWS.CA

British actress Hayley Atwell has wasted no time in establishing herself. Her first film gig out of drama school was Woody Allen's *Cassandra's Dream* in 2007. Now she's taking on one of Earth's mightiest heroes in *Captain America: The First Avenger* as Peggy Carter, a British agent and love interest for the super-soldier who also happens to be quite handy with a machine gun. Atwell sat down with Metro to talk about making her mark, finding good roles and returning to the stage.

Have you thought about how much your profile could be raised once this movie comes out?

No, I haven't. I really haven't. Because you can't really expect anything, really. You're kind of trying to take every moment and experience as it comes, and also be very independent of it and not have too many expectations of how the film will be received.

I hope, if anything, that it would mean that I could get the experience or the



► Hayley Atwell plays Peggy Carter in *Captain America: The First Avenger*.

opportunity to work with other directors I wouldn't have in the past because they wouldn't have seen my work. So in that respect, I hope that's a positive thing to come out of it, but apart from that I think it's kind of out of my hands. The world will decide what they want to do with it.

Your character is far from a damsel in distress. In fact, she's a hero in her own right.

I loved that in the script and thought she was so strong and capable and a match for him. They needed each other, there was a kind of a weakness in him that she was able to help and to guide.

What I liked about her

is — it seemed in the script and I really hope it comes across in the film — she really likes him for who he is. It felt like a very innocent, sweet relationship.

Is it difficult to find roles like that, that are so interesting and well-defined?

There's been amazing roles for women through the ages of film and litera-

ture. I don't think there's a shortage of it.

I suppose it's just that there's so many more actresses now, so there's more competition.

But also the fashion of the image of what actresses should look like has, I think, kind of steered the focus away from these incredible qualities that women have to more of the aesthetics, which means some actresses could tend to focus more on that aspect of it.

Not to badmouth anyone at all, but you kind of sometimes watch films and go, 'Really? Is that a good role model? I don't think so.' Surely we've moved on from that.

You're also very active in the theatre, where that problem doesn't exist as much.

I've always wanted to go back and do that because it's always been really important to me, because it does scare the living daylights out of me and keeps me acutely aware of exactly where my skills or my weaknesses are more than anything else.

I feel like on the stage I have more of an opportunity to learn and to work with some real magicians.

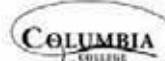
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Watson sets record straight about school

► Admits to feeling claustrophobic while living in U.K. because of her fame

With the Harry Potter films behind her, Emma Watson is heading back to school, except she'll be attending Oxford University instead of heading back to her U.S. university, according to ABC News.

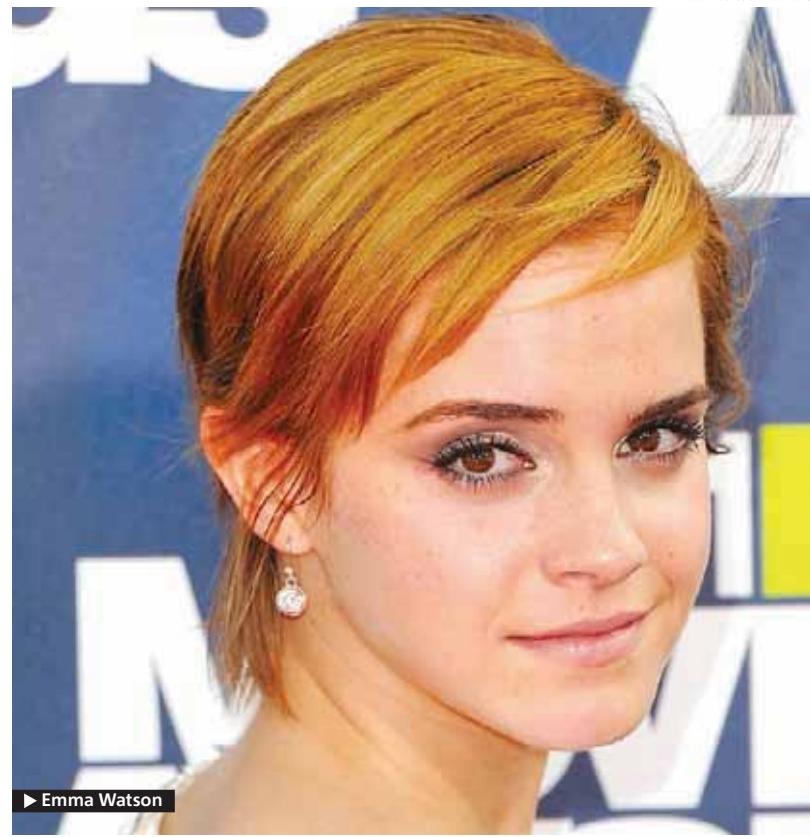
"I haven't left Brown. I'm still enrolled at Brown. But I'm doing my third year abroad. I'm going to Oxford in the fall to study English for a year," she explains. "I'll go back to the States to do my last year."

Though she does admit that she enjoys how she feels less famous in the U.S. than in the U.K.

"I suddenly felt very claustrophobic. I thought, 'I can't stay here, I won't be able to concentrate, I won't be left alone,'" she says. "I don't want to put a negative light on it, as if I was escaping or anything like that. I think I wanted to meet people my own age and just be normal for a bit." ■ METRO

"I suddenly felt very claustrophobic."

EMMA WATSON



► Emma Watson

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Talking points

Jolie feeds her kids crickets

HAVING A HARD TIME BELIEVING CRICKETS ARE LIKE POTATO CHIPS Snack-time at Angelina Jolie's house is an interesting time, the actress admits.

"My boys love to eat crickets. It's their favourite thing," Jolie says in a video for Louis Vuitton.

"When I first gave crickets to them I wanted them to not be turned off by something that wasn't their culture. So I bought them — and they ate them like Doritos. They wouldn't stop and brought to-go boxes home."

The boys at them so much, in fact, she had to cut them off. ■ METRO

Celebrity tweets



"just did a little spring cleaning and found a twix that expired in 1995!" @MissKellyO



"yall on that google+ yet? add tha dogg ya digg! search 'snoo dogg'" @SnoopDogg



"On my first day of the juice cleanse diet" @ParisHilton



"You never know who you'll run into at the Warner Bros commissary. I just saw the guy who plays that guy on that show. You know - that guy!" @ConanOBrien

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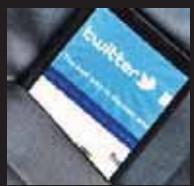
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Theatre Festival



Tweeters and bloggers will feel right at home at the second annual Neanderthal Arts Festival, being held July 21-31 at the Vancouver East Cultural Centre (or Cutch).

The festival is creating a dedicated space for smartphone addicts — a so-called Grunt Deck — where they can tell the world about the plays unfolding on stage in real time.

THE CANADIAN PRESS



Wannabe sleuths search for killer, motive at museum scavenger hunts.

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Slowing down in Penticton

ALL PHOTOS GIZELLE LAU

► There's nothing like a little wine therapy and al fresco dining to soothe the senses ► Retreat to Okanagan's relaxing wine country



GIZELLE LAU
LIFE@METRONEWS.CA

A life lived in the fast lane is never as blatantly obvious as when you're traveling, where access to the Internet — let alone a reliable 3G network — is limited, life/news updates via Twitter are not at your fingertips and there's no such thing as a fast food joint for a quick meal.

On the southern rim of Lake Okanagan, British Columbia's increasingly prominent wine region, you'll find townships like Summerland, Penticton and Naramata where "slow" is a way of life.

Slowing down begins in Naramata at Red Rooster Winery where every Friday morning, yoga instructor Teresa G. Maurer of Re:Flexions Studio in Penticton, leads Yoga D'Vine, a morning of yoga and sun salutes in the vineyard under the bright blue sky, accompanied with a light lunch on the terrace with wine and chocolate tastings.

Next up, more tabletop wine therapy on the massage table at Beyond Wrapture. With four locations throughout the valley, including one Summerland Waterfront Resort, this wine country day spa offers a specialized Vinotherapy Massage. Products like the spa's grape pip scrub and grape-seed massage oil are known to have powerful antioxidant properties and are made in-house using leftover grape pips, stems and skins from the

Getting there

Visit the Okanagan by flying into Penticton Regional Airport or Kelowna International Airport via Air Canada or WestJet airlines or take the five-hour drive from Vancouver.

► For more info:
tourismpentiction.com

winemaking process.

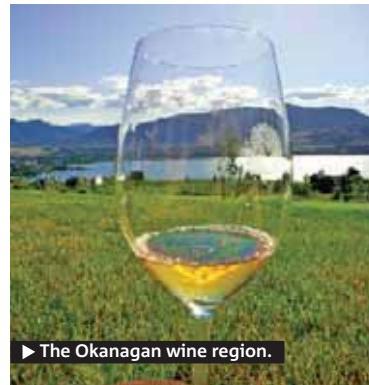
Finish off the evening at Local Lounge & Grille just steps from the spa, where local cuisine and seasonally inspired dishes set the stage for one of the best wine menus in the region, offering exclusively British Columbia VQA wines from the Okanagan Valley.

Slowing down can also mean ditching the car. Bring your own bike or rent one from Freedom The Bike Shop in downtown Penticton and cycle from winery to winery through the hilly, vine-filled landscape or along the historic Kettle Valley Railway bike trail. If you want to get your feet wet, Hoodoo Adventures offers winery tours via kayak.

In Penticton and nearby areas like Cawston, the centre for organic fruit and vegetable growers in the region, even food gets the slow treatment. Here, a passion for regional produce that has been organically and ethically grown overflows in many local chefs, most notably Dana Ewart and Cameron Smith of Joy Road Catering.



► Al fresco dining at God's Mountain Estate with Joy Road Catering.



► The Okanagan wine region.



► Homemade charcuterie.



► Yoga at the vineyard.

Miami's hot graffiti scene

Once derided as vandalism, graffiti in the form of artistic murals has now become an accepted art form

Graffiti was once considered a sign of urban decay, the sort of thing that might keep tourists away from a neighbourhood. Now, not only is it an accepted art form, but it's also the subject of a new tour in one of Miami's trendiest neighbourhoods, Wynwood, where legal outdoor murals by graffiti artists cover the walls near art galleries and restaurants.

The two-hour tour — which takes place on Vespas — is offered by a company called Roam Rides. It starts with a 15-minute ride from Miami Beach over the Venetian Causeway to the Wynwood Arts District, considered the mecca of Miami's emerging arts scene, and includes four or five stops to survey the area's best graffiti.

Once considered a rough neighbourhood, Wynwood has become a destination for artists from all over the world. Art galleries abound and events are held here each December as part of the Art Basel Miami Beach art fair. Wynwood is also now home to one of the world's largest installations of murals by multiple graffiti artists.

"It's gotten to be so pervasive and it brightens up the neighbourhood," said Kit Sullivan of Roam Rides.

"It's so not what you would expect of Miami," said Jesse Bull, an economics professor who took one of Roam Rides' recent graffiti tours. "The graffiti has kind of added to that. It

lives it up and makes it fresh and artsy and I think that's a good thing."

Guides point out work by different local artists — such as Typoe and Tribe Called Phresh aka TCP — while explaining the evolution of graffiti from the days when artists plastered their names on vacant buildings and train cars as a way to gain street cred.

These days, building owners give permission to artists to spray-paint their designs, and these legal pieces share the walls of dozens of neighbourhood art galleries and chic restaurants.

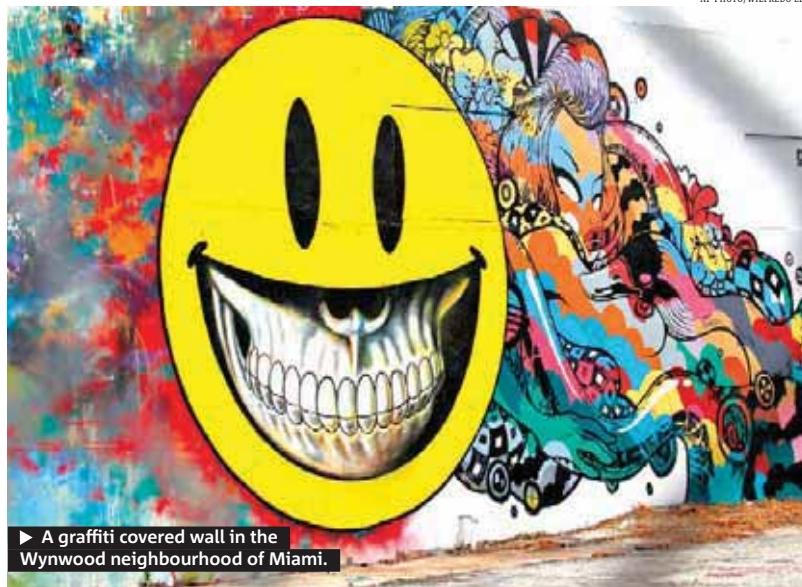
They're easy to distinguish from illegal graffiti, which is often done fast,

in secret and at night, with a single colour or few colours. The sanctioned murals, on the other hand, allow artists to take their time, use multiple colours and work in-depth in large spaces with elaborate details.

"It's definitely a changing art form," Sullivan said. "It's gotten to the point where a lot of these guys don't even use their names at all. They just have a certain distinctive style. You can recognize it when you see it."

For example, artist Chor Boogie's signature work includes geometric elements and half-hidden faces, as well as an eye.

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Royal visit exposes NWT's natural beauty

► Media attention puts the spotlight on getaway spots north of 60

It took a royal canoe ride by William and Kate on the emerald waters of Blachford Lake for the rest of the world to discover what Canadians already know about the Northwest Territories.

Whether it's at the Blachford Lake Lodge or any of the other getaway spots north of 60, Mike Freeland says nothing beats sitting in a canoe at dusk, hearing the distant cries of loons and watching the shimmering lights of the aurora borealis as they arc through the sky and dance on the water.

"The aurora dance so much you'll never see the same aurora again," said Freeland, owner of the lodge. "It can be pretty special." He said it's just one of many memories awaiting travellers to the barrenlands of the North.

Tourists from the U.S., Germany, Australia and the United Kingdom, as well as Canada and other



► The royal couple canoe on Blachford Lake in the Northwest Territories.

nations, have buzzed in by floatplane to Blachford since Freeland started it with one cabin in 1981.

They come to the lodge, 220 kilometres east of Yellowknife on Great Slave Lake, to fish, canoe, kayak and walk nature trails. At night, they sit by the campfire or relax on the decks.

During the summer aurora season (late August to October), they'll sit at night in the hot tub as the midnight sun turns the sky from bright yellow to dusk and wait for the light show.

Sometimes, they'll take guided midnight walks along the nature trails, collecting memories that can't fit into a scrapbook.

"We get to a rocky point (on the trail) and I say, 'OK, can everybody be quiet,'" said Freeland. "If the wind isn't out, the only thing you're going to hear is your own heartbeat. Most people have never experienced that before."

Freeland said reservations have shot up after viewers around the world saw Prince William and his wife Kate tour the resort

earlier this month, then canoe out to another island to kick off their shoes and relax.

They've had a lot more calls from the United Kingdom, he said, and some travel agents are packaging tours that boast: "Walk in the footsteps of the royals."

Of particular interest is the tiny island the couple canoed out to on Blachford Lake. It's called Honeymoon Island and not for the royals. Freeland and wife Tessa went out there to do just that 20 years ago.

But history is being rewritten. "I know a number of the international press are now calling it Royal Honeymoon Island, so I think that's the new name," said Freeland.

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The lure of exotic Canada

► The travel industry is selling Canada as a unique destination to lure more international tourists

A tundra buggy ride to photograph polar bears in northern Manitoba.

Inching across a swinging suspension bridge over a ravine in the Columbia Mountains. Tidal bore rafting on Nova Scotia's Shubenacadie River.

They're prime examples of what Canada's tourism sector is hoping to use to attract big-spending international visitors looking for something out of the ordinary on their next vacation.

"Travellers spent \$1 trillion on tourism globally in 2010 — that's \$3 billion dollars a day or \$2 million a minute. We want more than our fair share of that revenue," says Michele McKenzie, president and CEO of the Canadian Tourism Commission.

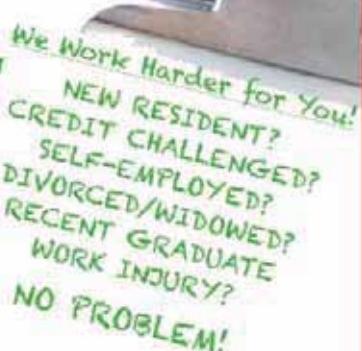
McKenzie announced the launch of Signature Experiences Collection at a tourism conference in Banff, Alta., last week.

It's a compilation of 48 Canadian tourism enterprises from coast to coast to coast. It will be marketed in 11 countries and initially be rolled out in the United Kingdom, France, Germany and Australia.

"Tourism is one of the fastest growing economic sectors in the world and it's become a very high stakes game and one in which countries are competing to win and Canada is competing to win," McKenzie says.

Canada's Rocky Mountains aren't enough to attract the international visitors flush with cash, although some tried and true events such as the Calgary Stampede, ice wine tours and Niagara Falls still make the grade.

THE CANADIAN PRESS



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Banana Split Smoothie

Start your active day with this fruit, yogurt and chocolate milk smoothie.

- 500 ml (2 cups) chocolate milk
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In blender, puree all ingredients at high speed until smooth. Garnish glasses with straws and fresh fruit.

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With the summer weather making everyone dread standing over a hot stove for too long, a sandwich-and-salad combo is perfect. This isn't your regular ham and cheese on toast

MATTHEW MEAD / THE ASSOCIATED PRESS

In a moment of vacation desperation, my son's dream sandwich was born.

It was late. My son was hungry, tired and cranky. We'd just arrived at our rental apartment and there was virtually no food in the refrigerator.

All I could scrounge were some slices of whole-wheat bread, a bit of sliced ham and some cream cheese. So I combined them into what was a surprise instant hit.

Now that we're back home, I decided to play with it a bit to see if I could up the nutrition. So I added baby spinach and sun-dried tomatoes.

Now it wasn't just delicious, but also ever-so-slightly more nutritious.

Though I call for toasting the sandwich, you can skip that part. You also can toast it, then let it cool and pack it for lunch.

Ingredients:

- 60 g (2 oz) cream cheese
- 2 slices whole-wheat sandwich bread
- 125 ml (1/2 cup) baby spinach leaves
- 5 oil-packed sun-dried tomatoes, drained and patted dry
- 3 slices deli-sliced ham
- Ground black pepper
- Cooking spray

Preparation:

1 Spread cream cheese evenly over 1 side of each slice of bread. Top 1 slice with spinach, sun-dried tomatoes and ham. Season ham with black pepper, then finish sandwich with remaining slice of bread, cream cheese side in.

2 Heat small skillet over medium. Coat pan with cooking spray. Add sandwich and toast for 4 minutes on each side. Serve immediately.

THE ASSOCIATED PRESS



► Toasting the sandwich offers a great contrast to the cream cheese.

Pair the sandwich with a Tomato and Arugula Salad, that is splashed with a tangy mustard vinaigrette

Salad days are definitely in full swing and this tomato and arugula choice splashed with grainy mustard and citrus vinaigrette is a real winner.

Preparation:

- 1** Into a bowl, juice fruits and strain pulp. Add mustard and honey to juice and stir well. Whisk in oil and season with salt. Add chives. Vinaigrette will keep in the fridge for at least a week.

2 Arrange sliced tomatoes on individual plates in a circle (4 slices per plate). Place red onion rings on top of the tomatoes but away from tomato edges. Place 5 orange sections around onion rings closer to centre. Cut stems off arugula close to the top, wash. Place bunch in centre of each plate. Dress with vinaigrette and serve immediately.

**THE CANADIAN PRESS/
MAILLE.CA**

Ingredients:**Mustard and Citrus Vinaigrette**

- 3 pink grapefruit, juiced
- 2 limes, juiced
- 2 lemons, juiced
- 3 oranges, juiced
- 30 ml (2 tbsp) grainy mustard
- 30 ml (2 tbsp) honey
- 50 ml (1/4 cup) canola oil
- Salt, to taste
- 15 ml (1 tbsp) chopped chives

Tomato and Arugula Salad

- 6 bunches arugula
- 250 ml (1 cup) whole-grain mustard and citrus vinaigrette
- 3 to 4 fresh tomatoes, cut in 0.5- to 1-cm (1/4- to 1/2-inch) thick slices
- 1 to 2 red onions, peeled and thinly sliced
- 3 to 4 oranges, peeled and cut into wedges between pith

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From lunch to landing the job

STUDENT VOICE

AKSHAY KOCHAR
TALENTEGG.CA

It was March, university would be done in another month and I had yet to put any thought into what I wanted to do next. It didn't help that everyone would ask, "So, you're almost done. Any jobs lined up?"

I'm sure every student

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What I learned

Key take-aways from Akshay's experience:

- Informational interviews are a great way to learn about an industry or a specific job within an industry. They also provide you with a contact that could, if you're lucky, lead to a job down the road.

reading this can relate.

During that time, I was interning at Guardy, a position I had obtained after seeing it on TalentEgg. I was learning a lot about the technology community in Toronto, and was amazed at the quality of start-ups that the city was producing. During this internship, and with a little help from one of my university professors, I found Agility CMS, a content management compa-



SUBMITTED

► Akshay Kochar advises recent graduates to show initiative. If you find out about a job through LinkedIn, he suggests emailing the person who posted directly rather than applying through the website.

ny. I contacted one of the co-founders and introduced myself. Thankfully, he was willing to take some time out of his day to do an informational interview with

me over lunch. This was a great experience as it allowed me to learn more about his company and the industry as a whole.

We kept in touch after that lunch via email and,

about a month later when a position became available, he asked me if I was interested in going through the interview process.

So, one lunch interview, two phone interviews, two in-person interviews and a full reference check later, I graciously accepted Agility's offer to become their new project co-ordinator.

I strongly urge employers to take the risk on recent graduates.

Find out more about which program they took and what types of courses were involved. There are so many new programs out there that give students a tremendous amount of knowledge and experience.

For instance, the Digital Enterprise Management program at the University of Toronto Mississauga enables students to learn about business, marketing, design, project manage-

ment and entrepreneurship.

Sure, someone who has worked in the industry may have some advantages over a recent graduate, however, I can confidently say that because recent graduates have the urge to continue learning, they can apply themselves just as efficiently.

For students, I cannot stress enough the importance of networking in any way possible.

Whether it's at a formal networking event or in the line-up of a fast food restaurant. Perhaps the person about to order a foot-long chicken teriyaki sub is actually the CEO of that marketing company you've been trying to apply at. TALENTTEGG.CA, CANADA'S ONLINE CAREER RESOURCE FOR STUDENTS AND RECENT GRADS, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTTEGG.CA.

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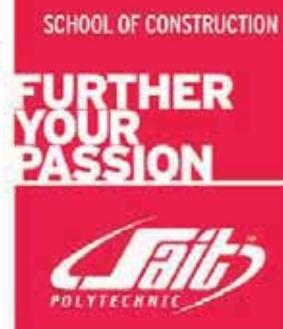
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Quoted



"It's actually got players talking on Tour, which is kind of cool. I think RBC is on to something by taking (the tournament) around Canada to the best golf courses they can find."

ENGLISH GOLFER PAUL CASEY, EXPRESSING HIS APPROVAL FOR BRINGING THE CANADIAN OPEN TO VANCOUVER'S SHAUGHNESSY GOLF AND COUNTRY CLUB. THE TOURNAMENT STARTS ON THURSDAY.



Scan code for more sports news.

Canadian gets the assist

- Hesjedal helps Hushovd win rainy 16th stage of Tour de France
- Voeckler still leads race, but Contador and Evans make gains

Canadian Ryder Hesjedal raised his arms in jubilation as he crossed the finish line yesterday.

The 30-year-old from Victoria was third, but he had just scored a glorious assist to help Garmin-Cervelo teammate Thor Hushovd win the 16th stage of the Tour de France.

Hesjedal, who came into the stage 32nd overall in the standings, attacked midway through the 162.5-kilometre course. While others fell back or launched their own attacks, he persevered.

There were just three men left in the rain as the finish line neared: Hesjedal and two Norwegians, Hushovd and Edvald Boasson Hagen.

The Canadian led the way, looking back at Hagen on his shoulder as he shifted position in the final sprint. Hushovd, one of cycling's marquee men, hung back and then accelerated while Hagen wasn't looking. He rocketed over the line, with his Norwegian rival second and a delighted Hesjedal third, two seconds behind.

It was Garmin-Cervelo's fourth stage win of the Tour.

"It was great. This Tour's been so good for our team," Hesjedal told The Canadian Press.

"For me, there's been highs and lows. To have a big high today and ride well, it's definitely going

"To be able to push the pace and get close to the win and make the win happen for the team — it doesn't get better than that."

RYDER HESJEDAL

to be remembered."

Hesjedal showed his endurance during the stage and then his smarts at the end.

"Thor's obviously one of the fastest guys in the world and so is Edvald, so we just had to make sure we played it exactly right to come up with the victory," he said.

Hesjedal's own general classification hopes were dashed the first week when he lost time and was hurt in a crash on Stage 7.

But he continues to ride for the team, supporting American Tom Danielson while contributing to the Garmin-Cervelo overall campaign — the times from the top three riders from each squad is counted in the team standings.

Hesjedal was seventh in last year's race, when he had two fourth-place individual stage finishes.

He moved up four places to 28th overall after his heroics yesterday and stands 20 minutes 36 seconds behind leader Thomas Voeckler of France.

THE CANADIAN PRESS



► Ryder Hesjedal celebrates as teammate Thor Hushovd crosses the finish line yesterday.

Lightning lock up Stamkos until 2016

Steven Stamkos finally has a new deal with the Tampa Bay Lightning.

The 21-year-old forward signed a \$37.5-million US, five-year contract extension yesterday, ending a set of negotiations that extend all the way back to last year.

"I am excited we were able to reach an agreement today," Stamkos said in a release. "This was obviously very important to me ... There is no place I'd rather be than as a member of the Tampa Bay Lightning."

Stamkos had been a re-

stricted free agent since July 1 and there was much speculation he'd be the target of an offer sheet.

Stamkos will receive \$8 million each of the next four seasons and \$5.5 million in 2015-16.

THE CANADIAN PRESS

Sports in brief

NBA releases schedule

OPENER. The Toronto Raptors will host the Philadelphia 76ers to open their NBA schedule — if the season begins on time. The NBA released its complete 2011-12 schedule yesterday.

despite being in a lockout. THE CANADIAN PRESS

Rangers raise railings

MLB. The Texas Rangers plan to make all the protective railings at their stadium the same height, raising some as much as 30 centimetres to make their stadium safer following the death of a fan. THE ASSOCIATED PRESS

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	58	37	.611	—
New York	56	38	.596	1½
Tampa Bay	51	44	.537	7
Toronto	48	49	.495	11
Baltimore	39	55	.415	18½

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	51	45	.531	—
Detroit	51	45	.531	—
Chicago	47	50	.485	4½
Minnesota	45	51	.469	6
Kansas City	39	58	.402	12½

WEST DIVISION

	W	L	Pct	GB
Texas	55	41	.573	—
Los Angeles	51	45	.531	4
Seattle	43	53	.448	12
Oakland	42	55	.453	14½

Last night's results

Toronto 6 Seattle 5 (14 inn.)
 Baltimore 6 Boston 2
 Detroit 8 Oakland 3
 Tampa Bay 3 N.Y. Yankees 2
 Kansas City 4 Chicago White Sox 2
 Minnesota 2 Cleveland 1
 Texas at L.A. Angels
Mondays' results
 Cleveland 5-6 Minnesota 2-3
 Boston 15 Baltimore 10
 N.Y. Yankees 5 Tampa Bay 4
 Chicago White Sox 5 Kansas City 2
Today's games
 Boston (A.Miller 3-1) at Baltimore (Arrieta 9-6), 12:35 p.m.
 Cleveland (Tomlin 11-4) at Minnesota (Blackburn 7-6), 1:10 p.m.
 Oakland (McCarthy 2-5) at Detroit (Below 0-0), 7:05 p.m.
 Seattle (Vargas 6-7) at Toronto (Morrow 6-4), 7:07 p.m.
 N.Y. Yankees (F.Garcia 7-7) at Tampa Bay (Price 9-7), 7:10 p.m.
 Chicago White Sox (Danks 3-8) at Kansas City (Chen 5-3), 8:10 p.m.
 Texas (D.Holland 8-4) at L.A. Angels (Haren 10-6), 10:05 p.m.
Tomorrow's games
 Seattle at Toronto, 12:37 p.m.
 Texas at L.A. Angels, 3:35 p.m.
 N.Y. Yankees at Tampa Bay, 7:10 p.m.
 Detroit at Minnesota, 8:10 p.m.

TRANSACTIONS

BASEBALL

COMMISSIONER'S OFFICE—Suspended Cincinnati minor league RHP Daniel Tuttle 50 games for a second violation of the Minor League Drug Prevention and Treatment Program for a drug of abuse.

MAJOR LEAGUE BASEBALL—Suspended St. Louis INF Ryan Theriot two games and fined him an undisclosed amount for his inappropriate actions during Sunday's game at Cincinnati.

AMERICAN LEAGUE

BALTIMORE ORIOLES—Activated RHP Alfredo Simon from the restricted list. Optioned INF Josh Bell to Norfolk (DL). Transferred 2B Brian Roberts to the 60-day DL.

KANSAS CITY ROYALS—Recalled LHP Danny Duffy from Omaha (PCL). Sent LHP Everett Teaford to Omaha.

NEW YORK YANKEES—Placed RHP Sergio Mitre on the 15-day DL. Recalled LHP Steve

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	60	36	.625	—
Atlanta	57	40	.588	3½
New York	48	48	.500	12
Washington	48	49	.495	12½
Florida	47	50	.485	13½

CENTRAL DIVISION

	Pittsburgh	51	44	.537	—
Milwaukee	51	46	.526	1	
St. Louis	50	46	.521	1½	
Cincinnati	47	50	.485	5	
Chicago	39	59	.398	13½	
Houston	32	65	.330	20	

WEST DIVISION

	San Francisco	56	41	.577	—
Arizona	52	44	.542	3½	
Colorado	46	51	.474	10	
Los Angeles	42	54	.438	13	
San Diego	42	55	.435	14	

Last night's results

Pittsburgh 1 Cincinnati 0
 San Diego 4 Florida 0
 N.Y. Mets 4 St. Louis 2
 Philadelphia 4 Chicago Cubs 2
 Houston 7 Washington 6
 Colorado 12 Atlanta 3
 Milwaukee at Arizona
 L.A. Dodgers at San Francisco
Mondays' results
 Pittsburgh 2 Cincinnati 0
 Florida 4 N.Y. Mets 1
 Chicago Cubs 6 Philadelphia 1
 Washington 5 Houston 2
 Atlanta 7 Colorado 4
 Arizona 3 Milwaukee 0
 San Francisco 5 L.A. Dodgers 0
Today's games
 Cincinnati (Cueto 5-3) at Pittsburgh (Karstens 8-4), 12:35 p.m.
 Washington (L.Hernandez 5-9) at Houston (Myers 3-10), 2:05 p.m.
 Philadelphia (Worley 5-1) at Chicago Cubs (Dempster 7-6), 2:20 p.m.
 L.A. Dodgers (Kershaw 10-4) at San Francisco (Lincecum 8-7), 3:45 p.m.
 San Diego (Harang 7-2) at Florida (Nolasco 6-6), 7:10 p.m.
 N.Y. Yankees (F.Garcia 7-7) at Tampa Bay (Price 9-7), 7:10 p.m.
 Chicago White Sox (Danks 3-8) at Kansas City (Chen 5-3), 8:10 p.m.
 Texas (D.Holland 8-4) at L.A. Angels (Haren 10-6), 10:05 p.m.
Tomorrow's games
 Seattle at Toronto, 12:37 p.m.
 Texas at L.A. Angels, 3:35 p.m.
 N.Y. Yankees at Tampa Bay, 7:10 p.m.
 Detroit at Minnesota, 8:10 p.m.

JAYS 6, MARINERS 5 (14 INGS)

Seattle	ab	r	h	bi	Toronto	ab	r	h	bi
Ryan ss	7	0	1	0	R.Davis rf	2	1	1	0
Ackley 2b-1b	7	0	2	1	E.Thoms rf	4	0	1	1
Olivio c	6	0	1	0	J.McDnl ss	1	0	0	1
Smaolik 1b	4	0	1	0	Bautist dh	6	0	1	1
JaWiShn pr-2b	2	0	1	0	Lind 1b	6	1	1	2
Fgtzcrf	4	0	0	0	Encrc 3b	4	0	1	0
Carp dh	6	1	3	0	Carpr 3b	0	0	0	0
Figgins 3b	4	1	1	0	Snder cf-r	6	0	0	0
Hamm lf	5	1	1	3	A.Hill 2b	9	1	2	0
					C.Priest lf-rf	9	1	2	0
						9	1	2	0
Totals	51	51	5	0	Totals	49	12	6	0

CFL

WEEK FOUR

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Montreal	3	3	0	0	109	68	6
Winnipeg	3	2	1	0	66	53	4
Hamilton	3	1	2	0	59	52	2
Toronto	3	1	2	0	56	83	2

WEST DIVISION

	Edmonton	Calgary	B.C.	Saskatchewan
3	3	0	1	0
3	2	1	0	76
3	0	3	0	75
3	0	3	0	114

Friday's game

All times Eastern

Saturday, July 23

Sunday, July 24

Also

Ryder Hesjedal, Victoria, Garmin-Cervelo, 20:36 behind.

CYCLING

TOUR DE FRANCE

At Gap, France

16th stage

162.5 kilometres

1. Thor Hushovd, Norway, Garmin-Cervelo, three hours, 31 minutes, 38 seconds; 2. Edvald Boasson Hagen, Norway, Sky Procycling, same time; 3. Ryder Hesjedal, Victoria, Garmin-Cervelo, two seconds behind; 4. Tony Martin, Germany, HTC-Highroad, 0:38; 5. Mikhal Ignatievev, Russia, Katusha, 0:52. Alan Perez, Spain, Euskaltel-Euskadi, 1:25; 7. Jeremy Roy, France, Francaise des Jeux, s.t.; 8. Marco Marcato, Italy, Vacansoleil-DCM, 1:55; 9. Dries Devenyns, Belgium, Quick Step, s.t.; 10. Andriy Grivko, Ukraine, Astana, 1:58.

11. Cadel Evans, Australia, BMC, 4:23; 12. Alberto Contador, Spain, Saxo Bank Sungard, 4:26; 13. Samuel Sanchez, Spain, Euskaltel-Euskadi, s.t.; 14. Thomas Voeckler, France, Europcar, 6:42; 15. Peter Velits, Slovakia, HTC-Highroad, s.t.; 16. Arnold Jeannesson, France, Frank Schleck, Luxembourg, Leopard-Trek, 1:49; 17. Andy Schleck, Luxembourg, Leopard-Trek, 3:03; 15. Samuel Sanchez, Spain, Euskaltel-Euskadi, 3:26; 6. Alberto Contador, Spain, Saxo Bank Sungard, 3:42; 7. Ivan Bass, Italy, Liquigas-Cannondale, 3:49; 8. Damiano Cunego, Italy, Lampre-ISD, 4:01; 9. Tom Danielson, U.S., Garmin-Cervelo, 6:04; 10. Rigoberto Uran, Colombia, Sky Procycling, s.t.

OVERALL STANDINGS

(after 16 stages)

1. Thomas Voeckler, France, Europcar, 69 hours, zero minutes, 56 seconds; 2. Cadel Evans, Australia, BMC, 1:45 behind leader; 3. Frank Schleck, Luxembourg, Leopard-Trek, 1:49; 4. Andy Schleck, Luxembourg, Leopard-Trek, 3:03; 5. Samuel Sanchez, Spain, Euskaltel-Euskadi, 3:26; 6. Alberto Contador, Spain, Saxo Bank Sungard, 3:42; 7. Ivan Bass, Italy, Liquigas-Cannondale, 3:49; 8. Damiano Cunego, Italy, Lampre-ISD, 4:01; 9. Tom Danielson, U.S., Garmin-Cervelo, 6:04; 10. Rigoberto Uran, Colombia, Sky Procycling, s.t.

11. Gert-Jan Altenbergh, Netherlands, Rabobank, 8:20; 12. Kevin De Weert, Belgium, Quick Step, 9:00; 13. Rein Taaramae, Estonia, Cofidis, 9:12; 14. Pierre Rolland, France, Europcar, 9:53; 15. Peter Velits, Slovakia, HTC-Highroad, 10:01; 16. Arnold Jeannesson, France, Francaise des Jeux, 10:05; 17. Haimar Zubeldia, Spain, RadioShack, 10:38; 18. Jelle Vanendert, Belgium, Omega Pharma-Lotto, 12:06; 19. Rob Ruijgh, Netherlands, Vacansoleil-DCM, 12:56; 20. Jerome Coppel, France, Saur-Sojasun, 13:03.

Also

Ryder Hesjedal, Victoria, Garmin-Cervelo, 20:36 behind.

TENNIS

ATP BET-AT-HOME OPEN

At Hamburg, Germany

Yesterday's results

Marcel Ilhan, Turkey, def. Philipp Petzschner, Germany, 6-2, 4-6, 7-5 (6). Radek Stepanek, Czech Republic, def. Andreas Beck, Germany, 7-5, 7-6 (2). Juan Monaco, Argentina, def. Simone Bolelli, Italy, 6-3, 7-5.

Daniel Gimeno-Traver, Spain, def. Marcel Granollers, Spain, 6-3, 6-2, 7-6 (3). Pablo Andujar, Spain, def. Julien Benneteau, France, 6-2, 6-2.

Cedrik-Marcel Stebe, Germany, def. Juan Carlos Ferrero, Spain, 6-3, 6-2, 6-4. Philip Kohlschreiber, Germany, def. Andrei Golubev, Kazakhstan, 7-5, 6-3.

Mikhail Youzhny (4), Russia, def. Carlos Berlocq, Argentina, 7-6, 7-6, 7-6 (7).

Gilles Simon (5), France, def. Sergiy Stakhovsky, Ukraine, 6-2, 6-1, 7-5.

Ekaterina Makarova (4), Russia, def. Anne Kremer, Luxembourg, 6-1, 6-4.

Monica Niculescu (5), Romania, def. Irini Georgiou, Greece, 5-1 (retired).

Ksenia Pervak (7), Russia, def. Noppawan Lertcheewakarn, Thailand, 3-6, 6-1, 7-5.

Anna Tashvish, Georgia, def. Evgeniya Rodina (8), Russia, 6-4, 6-2.

Aravane Rezai, France, def. Kamilla Farhad, Azerbaijan, 6-0, 6-2.

Tatia Miladze, Georgia, def. Nina Khrisanova, Russia, 6-0, 6-0.

Elena Bovina, Russia, def. Zarina Diyas, Kazakhstan, 6-0, 3-6, 7-5.

Anastasia Yakimova, Belarus, def. Valeria Savinych, Russia, 6-3, 6-4.

Katerina Bondarenko, Ukraine, def. Lesia Tsurenko, Ukraine, 6-3, 6-2.

Kristina Kuvalova, Slovakia, def. Tetyana Arefyeva, Ukraine, 6-3, 6-3.

Nefci (Azerbaijan) Dinamo Zagreb (Croatia) 0 (Dinamo advances 3-0)

Skendija (Macedonia) 0 Partizan (Serbia) 1 (Partizan advances 5-0)

Tobol Kostanay (Kazakhstan) 1 Slovan Bratislava (Slovakia) 1 (Slovan advances 3-1)

Torshavn (Faeroe Islands) 1 Malmo (Sweden) 1 (Malmo advances 3-1)

Vitoria Plzen (Czech Republic) 5 Pyunik (Armenia) 1 (Pyunik advances 3-1)

Wisla Krakow (Poland) 2 Skonto Riga (Latvia) 0 (Krakow advances 3-0)

Totally's games

APOEL (Cyprus) vs. Skenderbeu (Albania)

Breidablik (Iceland) vs. Rosenborg (Norway)

Borac Banja Luka (Bosnia-Herzegovina) vs. Macabi Haifa (Israel)

Dacia Chisinau (Moldova) vs. Steaua (Georgia)

Videoton (Hungary) vs. Sturm Graz (Austria)



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Engine

The Accent's slick new body styles are matched with an equally slick 1.6-litre engine that produces 138 horsepower and 123 pound-feet of torque. Both numbers are substantially better than the outgoing 1.6's 110 horses and 106 pound-feet.

Since the Accent's curb weight remains essentially unchanged, the higher output gives the Accent considerably more pep.

Shape: All in the family

The sedan's new sheetmetal contains Hyundai's familial shape that has already been imprinted on the Sonata and Elantra models, especially the deeply sculpted crease extending along the doors and fenders and ending with a hiked-up rear deck.

The same is essentially true for the wagon-like hatchback, although its sweeping roofline, curvaceous liftgate and dominating taillamps make it the most practical Accent and arguably the best looking of the two.



Direct injection, emissions

The new powerplant benefits from the latest in engine-building technology, including direct injection whereby precise amounts of highly pressurized fuel is sprayed into the combustion chamber (instead of through the intake manifold) which means more power and reduced emissions.

As well, a special hard diamond-based coating has been added to the engine's camshaft components to reduce valvetrain friction.



By comparison

Ford Fiesta

Base price: \$14,500
Good-looking sedan and hatch models feature Euro-style handling.

Honda Fit

Base price: \$15,900
Class-leading, fun-to-drive wagon features a versatile interior.

Mazda2

Base price: \$15,500
Sporty, fuel-sipper looks great. Slick-shifting manual gearbox a real treat.

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Finally there's an Accent that boasts style



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What took Hyundai so long?

For six long model years (2006-'11), the Korea-based automaker kept churning out the same basic Accent econo-car while the competition was busy updating or

completely renewing its basic-transportation offerings.

Whatever the reason, the long wait ends now with the release of the fourth-generation Accent duo.

The outgoing two-door hatch and four-door sedan could never be considered the sharpest models on the lot. With their understated

blob-like shapes, both represented the last vestiges of Hyundai's school of anonymous automotive styling and would have made ideal conveyances for those entering a witness-protection program. They also remained relatively spartan and lacked the assortment of standard and optional

features that customers expect in their small cars these days. All that has passed. The 2012 Accent, still available in four-door sedan and hatchback formats, appears to be yet another game-changing model for Hyundai. This one should present a formidable challenge to such

pack leaders as the Honda Fit, Ford Fiesta and Mazda2, to highlight just a few.

Given the sedan's \$14,700 on-the-street base price, it appears that small-car power, hospitable roominess, fuel efficiency and affordability are at the top of the Accent's menu. And at long last, so is style.

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BACKING UP HARDER THAN BREAKING UP

AUTO PILOT



MIKE GOETZ
DRIVE
@METRONEWS.CA

There are more break-up songs than back-up songs, which is strange, because more people get hurt backing up.

And this is real, physical hurt, not that flakey emotional stuff you can fix with a bit of Haagen-Dazs.

"Backing up is the high-

est risk activity you can do with a vehicle," says Brian Patterson of the Ontario Safety League. "If a crash is the result of a low-speed impact, chances are someone was backing up."

The Ontario Safety League has been around since 1913 and is recognized as one of North America's leading traffic safety organizations. Its mandate is "safety through education." Needless to say, the League has looked at a lot of carnage since 1913.

"We seem to be making headway in a whole bunch of areas," notes Patterson. "But there are two areas that are constantly at issue. Male drivers between 16 and 24. And crashes involving backing up."

Patterson has a few theories on why backing up is still a heavy hitter on the



► Say "cheese." A rear-view camera can shoot the driver the image of these bicycles, which are in this SUV's blind spot.

unsafe scene.

He feels a lot of people don't do it enough to get proficient at it. And he feels people are just less courteous these days. "I'm walking through a parking lot, say at a shopping mall. I see you backing up, but instead of walking in front of the vehicle, I keep walking behind your moving vehicle."

Patterson and I were

speaking at a parking lot, where Canadian Tire was allowing media to sample its exclusive line of back-up related safety products from Yada: Rearview Mirror Back-up Camera with Speakerphone (via Blue Tooth); Dash Mounted Back-up Camera; Back-up Sensor System; Blind Spot Assist System.

These safety systems are

tures, you now have the option of adding them to your current ride. The Yada line runs from \$149 to \$249 (plus installation, though some folks will be able to do it themselves).

I think rear-view cameras are awesome. Not only do they allow you to back up with precision, they flush out any low-lying obstacles (or small folk!) that are directly behind your vehicle, and therefore undetectable from any side or rear-view mirror. Patterson notes these electronic systems are especially helpful to drivers who have physical limitations, especially with upper body mobility.

Of course there is a caveat... "They don't replace good driving practices. They enhance good driving practices," says Patterson.

Regenerative braking: Hybrids slow down to quickly recharge

Hybrid vehicles use a combination of a gasoline engine and an electric motor to power them. The electricity comes from a battery pack that is continuously recharged while the car is being driven, mostly through a process called regenerative braking.

"Regenerative braking means that we decelerate the vehicle via the hybrid

drivetrain," says Claus Halder, development engineer for recuperation and brake systems at Audi in Germany.

The company will introduce its first production hybrid model, the Q5 Hybrid SUV, in the Canadian market next year.

Like most hybrids available today, the Q5 Hybrid runs on its gasoline engine,

DRIVING FORCE

JILL MCINTOSH
DRIVE@METRONEWS.CA

on the battery alone, or on a combination of the two, depending on the type of driving and how hard the driver is accelerating.

When the driver has his foot on the throttle (the "gas pedal"), power is sent to turn the drive shafts, which then turn the wheels. Depending on driving conditions, this power is provided by the electric motor, by the gasoline engine, or with the two working together.

When the driver takes his foot off the throttle, the

electric motor automatically reverts and works like a generator. It takes the spinning power of the drive shafts and converts it into electricity, almost the same way as a waterfall spins a turbine to produce power.

This electricity is then fed back into the battery to recharge it.

A beneficial side effect is that as the electric motor

converts the spinning energy, it also slows down the drive shafts, which in turn slows down the car.

Although the electric motor is not connected to the conventional braking system, the regenerative system captures even more energy when the driver uses the brakes, which in turn puts more electricity back into the battery.

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metro

Review: Scion tC all about more for less

► Money talks and Toyota seems to be listening with its youth-oriented brand



JILL MCINTOSH
DRIVE@METRONEWS.CA

Canada, welcome to Scion. It's Toyota's entry-level, youth-oriented brand, first seen in the U.S. in 2002 and now on sale through select dealers here in the Great White North.

There are three models, all hatchbacks: the four-door xD, boxy xB, and my tester, the tC coupe. The subcompact iQ is coming later this year.

Built in Japan, Scions are based on existing Toyota platforms and parts: the tC is a version of the European Avensis, with a 180-horsepower version of the Camry's 2.5-litre four-cylinder.

It's \$20,850 with a six-speed manual transmission and \$21,900 with a six-speed automatic, which includes air conditioning,



keyless entry, power windows, heated mirrors, cruise control, eight airbags, 18-inch alloy wheels, dual-pane sunroof and Bluetooth. Scion's marketing scheme is a single, fully-loaded model with available dealer-installed accessories such as sport exhaust, upgraded stereo and spoiler.

The company says it of-

fers these in place of factory options, although I don't know what else you'd call the available \$1,975 heated leather seats that are installed on the assembly line.

Few two-doors come close to its price when all the features are considered. And while it's certainly no Porsche, its sporty-tuned suspension does a pretty

good job when the trail turns twisty. The engine feels strong and smooth, although it revs high and the car is noisy overall.

I had the manual transmission: the shifter's nice, but the clutch pedal feels mushy.

I've driven the automatic and actually prefer it. It makes the tC feel quicker off the line and changes

gears with fast, silky precision.

Front-seat legroom and headroom is impressive, and there's even enough leg space for rear-seat passengers, once they do the inevitable two-door squeeze past the front seats.

It's difficult to reach the releases to fold the rear seats down, but once you do, they fall flat for extra cargo space.

Interior styling is plain but functional, with big, easy-to-use controls, and the stereo (with standard USB) can be adjusted via buttons on the flat-bottomed steering wheel.

Comparing its driving performance and interior to some of its competitors, the tC isn't at the top of the list: others have better steering feel and less hard plastic inside.

2011 Scion tC

What you should know about the 2011 Scion tC:

- **Types:** 2-door, 5-passenger compact sporty coupe.
- **Engine (hp):** 2.5-litre four-cylinder, 180 horsepower, 173 torque.
- **Transmission:** 6-speed manual (6-speed auto available).
- **Mileage:** City 8.9, hwy 6.3, as-tested 8.6
- **Price:** \$20,850 (manual), \$21,900 (auto).
- **Market position:** Sporty flair on a budget; competitors include Honda Civic Si, Kia Forte Koup, Mini Cooper, Mitsubishi Eclipse, Volkswagen Golf GTI.

But money talks, and buyers on a budget would be hard-pressed to find more for less.

Scion, welcome to Canada.

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Errors and omissions exempt. Actual vehicles may differ from image.

Are you tired of blowing money fast?

► Following these tips will help you save some cash

Remember when it seemed unthinkable to have to pay \$1/L of gas? Now, most of us would jump with happiness to see prices going back to these rates — or even lower.

Even if you have accepted the fact that you'll have to pay more to fill the tank, adopting some fuel-efficient habits could go a long way in leaving you with some extra dollars in your wallet, without cramping your lifestyle.

According to an Autos.ca survey on fuel-efficient driving, high gas prices have motivated most Canadians to either adopt or consider adopting fuel-efficient driving.

Among the ones willing to make an effort, 58 per cent said they were willing to reduce unnecessary idling and 56 per cent indicated being ready to drive more smoothly and evenly to reduce their gas consumption.

Proven fuel-efficient driving habits include:

Moderating Speed

Why rush? Respecting speed limits is not only safer, it will also reduce your gas consumption.

Reducing unnecessary idling

Turn off the engine while waiting for more than one or two minutes. It's simple and will help you save on gas consumption with the added benefit of being more environmentally friendly.

Maintaining proper tire pressure

Check your tire pressure, especially before long trips.

Avoiding sudden accelerations

Smooth and even driving will not only help you save



► With prices these days, gas stations are like a house of horrors, aren't they?

on gas, but will also reduce your stress level — and frustration from other drivers.

Follow the manufacturer's suggested vehicle maintenance

Change oil and air filters as directed by the manufacturer. Your vehicle will not only be more fuel-efficient, it will also reduce greenhouse gases.

Reduce vehicle load

Remove any unnecessary items in your vehicle, such as backpacks, strollers or sports equipment to avoid

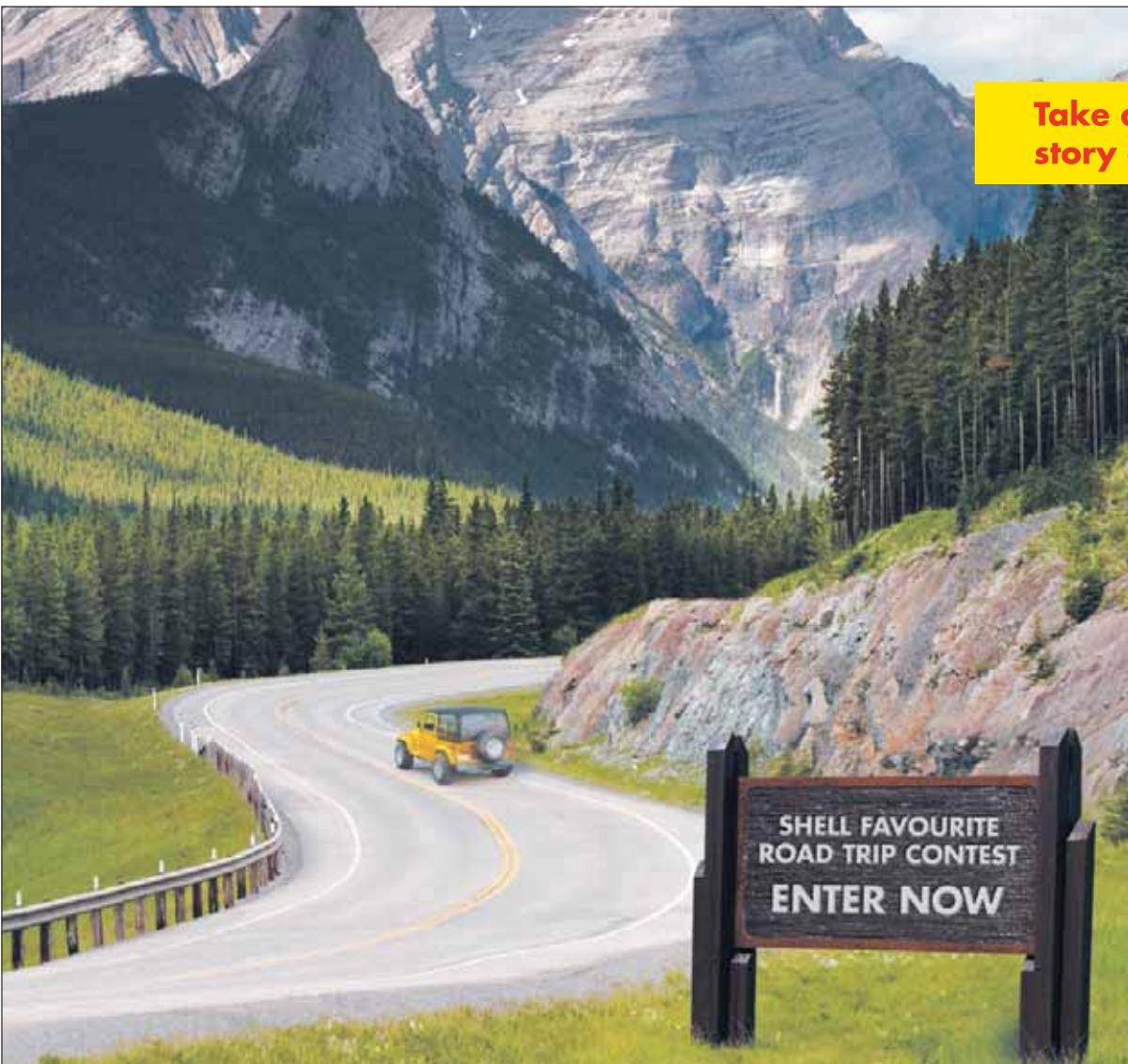
On the web

More information on fuel-efficient driving habits or vehicles is available at [autos.ca/
auto-consumer-info](http://autos.ca/auto-consumer-info).

carrying unnecessary load — and de-clutter at the same time.

Doing it all at once shouldn't be the focus — it's most important to start somewhere and add habits gradually as you grow more comfortable with them.

NEWS CANADA



Take a look at our sample story and then get writing!

Every road trip offers...

... memories to last a lifetime, but my most memorable was spent touring the Rocky Mountains in Alberta with my family. My parents packed my brother and me, aged 9 and 13, into our family SUV for a two-week trip.

I'm sure there were squabbles along the way, but when I look back I recall wonderful moments. I remember sunny days, stopping for ice cream at viewpoints along the highway, singing along to popular radio hits as we wound through the mountains and countless giggles as we entertained ourselves with silly road trip games like "I Spy".

But by far, the best part of our road trip was an unexpected adventure along the way. On an excursion to Lake Louise we took a wrong turn, and found ourselves driving down a secluded road underneath a canopy of trees, all alone except for an occasional sighting of wildlife. The views were spectacular and no one was in a hurry to return to the highway, so we carried on.

Eventually, the pavement became bumpy gravel. Crawling along at 10km an hour, we finally came to the end of the road – with a magnificent vista in view: sparkling turquoise water encircled by rugged mountains. Rather than reaching our planned destination, we had accidentally discovered Lake Moraine, a pristine glacial lake, far away from the touristy crowds. We sat still and quiet in the car, taking in the breathtaking view and realizing how lucky we were to get lost after all.

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Returning to the scene of the ride

- If you're going to solve mysteries, you need to look cool doing it
- And these private investigators were some of the coolest

The origin of the suave and sophisticated private eye dates back to the 1930s with Humphrey Bogart's Sam Spade character in the Maltese Falcon.

But either by design or happenstance, the vehicles that transported the made-for-TV gumshoes to their weekly crime scenes have become as well known as the actors themselves.



► "Striped Tomato," anyone? Ford built 1,000 Starsky and Hutch Torinos to be sold to the public.

Magnum P.I. (1980-'88)
Tom Selleck's Hawaii-based character had the mustache, the muscles and the muscle in the form of a Ferrari 308.

In the show, the Ferrari belonged to Robin Masters, an unseen benefactor

who would "lend" his car to Magnum to work on cases. How tough a gig could that be? Show regulars will notice that the Ferrari was replaced with newer models as the seasons wore on.

Colombo (1971-'78, 1989-'03)

The rumpled police detective (perfectly played by the late Peter Falk) drove a beat-up 1959 Peugeot 403 cabriolet that appeared to be equally trashed.

Either poor old Colombo was stuck with a heavy alimony tab, or he was a terrible credit risk who couldn't qualify for a car loan to save his life.

► **Magnum P.I.** popularized the Ferrari 308 in 1980s.

Cannon (1971-'76)
William Conrad convincingly portrayed rotund private eye Frank Cannon who seemed to be always

fighting crime from behind the wheel of a Mark-series Lincoln Continental coupe. Each season, that model year's Lincoln

seemed to grow larger

The Rockford Files (1974-'80)
This show featured one of the best instrumental



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Garner's low-key acting style.

themes and one of Hollywood's most popular stars in the person of James Garner.

As easy-going detective

Jim Rockford, Garner drove a base Pontiac Firebird Esprit, instead of a flashier, snorkel-hooded Firebird Formula or a

Trans Am complete with giant "flaming-chicken" hood decal. But the understated tan-coloured Esprit was the perfect match for

Starsky and Hutch (1975-'79)
Technically, Paul Michael Glaser as David Starsky and David Soul as Ken "Hutch" Hutchinson were police officers, but they looked and acted so much like private investigators that they've been included here as honorary members.

What passed for their "cop car" was actually a Gran Torino — a series of 1975 and '76 models, actually — supplied by Ford that the actors nicknamed the Striped Tomato. The fans loved its outlandish paint scheme and Ford even produced 1,000 cars that featured the same paint scheme.

Top Gear

ALL PHOTOS COURTESY OF WHEELBASE

**1**

You can make changing a flat tire easier and a lot quicker with the Roadside Automatic Jack from Automotive Specialty Tools. Once it has been positioned beneath one of your vehicle's lift points, you simply plug the electrical cord into the cigarette-lighter socket (or similar power source) and hit the control button. In a matter of seconds, the jack's motor will lift the car. e toolcart.com.

2

Losing your vehicle is easy when it's parked in a large, busy lot or parkade and you're gabbing on the cell phone on the way inside. That problem is history with one of the tracking systems from The Auto-Finder. Each unit consists of an in-car beacon and a battery-powered remote finder. Just press to activate the system. auto-finder.com.

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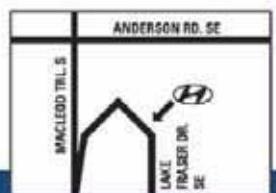
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Sportiness and style in a crossover

► **Rogue loved for fuel-efficient performance and handling**

SECOND GEAR

 JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

Nissan's replacement for the XTrail, Rogue competes with machinery like the Ford Escape, Dodge Nitro and Honda CR-V with an eye for sportiness and style.

All Rogue models got a 2.5-litre, 170-horsepower four-cylinder engine with a Continually Variable Transmission (CVT) with available paddle-shift.

Front-wheel drive was standard, and four wheel drive was optional. Rogue's AWD system featured automatic operation and a

What's the 4-1-1

- Model: 2008 to 2010 Nissan Rogue.
- Vehicle type: Crossover SUV.

"lock" mode for low-traction situations.

Trim designations include "S" for a more basic Rogue, and "SL" for higher-end models. AWD, not surprisingly, denotes the presence of the AWD system on either trim level.

What Owners Like

Rogue owners typically rave about a comfortable ride, plenty of features for the money and the machine's unique design. Most also claim to experience great fuel mileage.



► Nissan Rogue

Sporty handling and all-weather traction round out the list of owner-stated positives.

What Owners Dislike

Numerous Rogue drivers complain of limited rearward visibility that translates into difficulty parking, as well as a small and "busy" instrument cluster. Some owners wish for a quieter ride and more

headroom, too.

Common Issues

When test driving a Rogue, be sure to travel at parking-lot speeds with the stereo and climate control fan off, listening for any strange noises from the transmission.

Clicking, grinding, grumbling and popping sounds should not be considered normal, and have been reported by several

owners ahead of an in-warranty transmission replacement.

In some cases, a computer reprogramming may solve the CVT noise problem. In either case, if the transmission in the Rogue you're considering is making any strange noises, be sure to have it checked out.

An inspection by a Nissan-trained mechanic is

advised for any used Rogue ahead of purchase.

A full check of all cabin electronics is advised, as is a check of the carpeting in the wheelwells and cargo area for potential water leaks from the sunroof drain tubes or hatch seal, respectively.

The Verdict

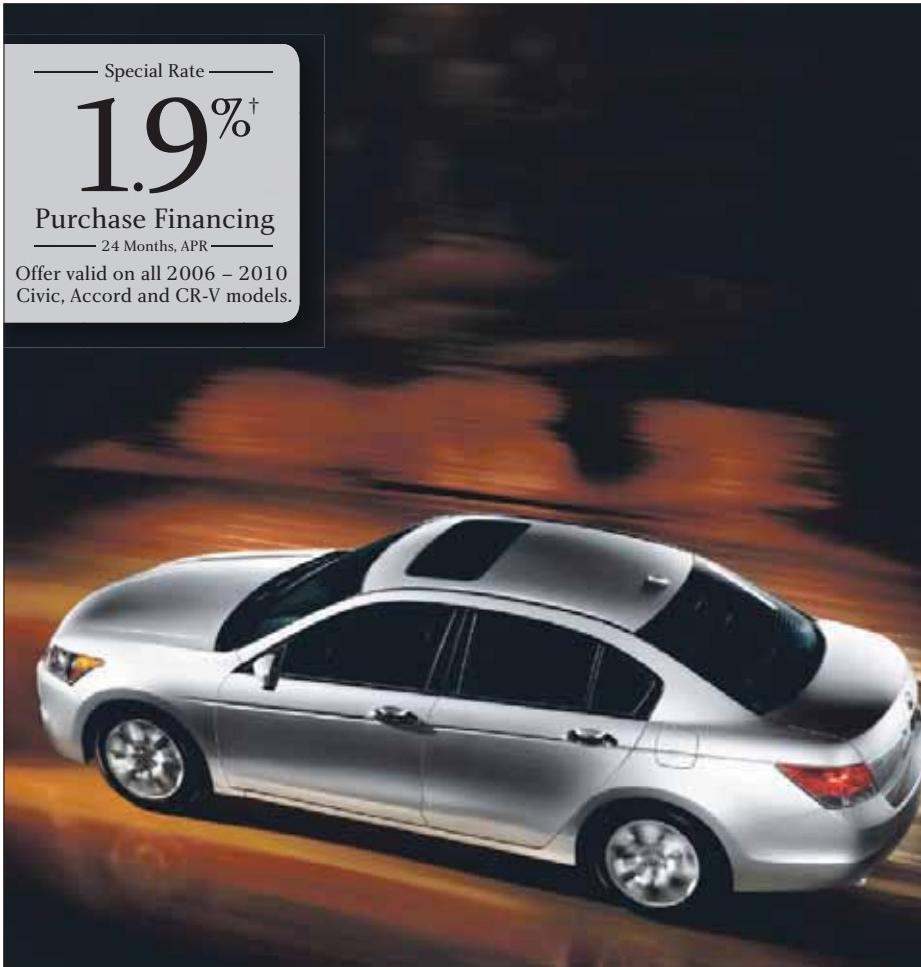
A used Rogue will likely provide owners with satisfying fuel economy, all-season performance and driving dynamics — though shoppers should seek out a clean bill of health for the CVT transmission from a Nissan mechanic before purchase.

A newer model with plenty of factory warranty remaining is the safest bet.



Check out Justin's video car reviews online at youtube.com/mr2pritch.

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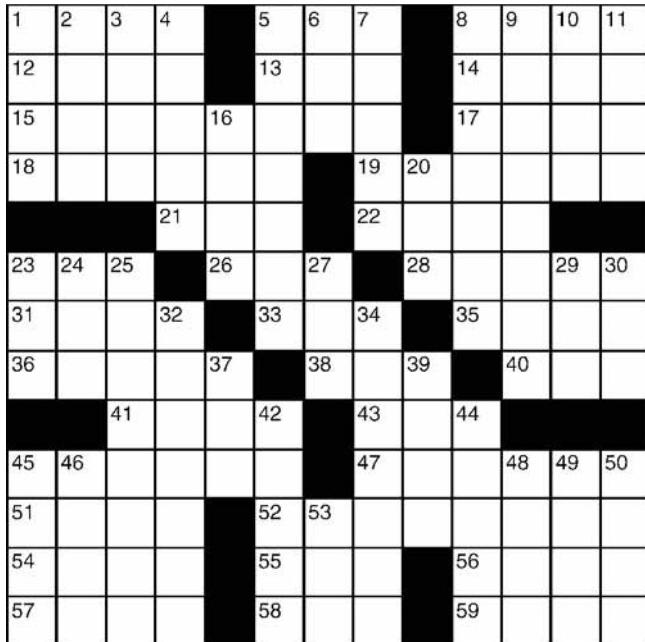
Crossword

Across

1 Greek cheese
 5 Chatroom chuckling
 8 Birds, to Brutus
 12 Shakespeare's river
 13 Anger
 14 Bound
 15 Backbone
 17 Killer whale
 18 Store grain
 19 Slow tree-dwellers
 21 Round Table address
 22 Stereo hookup
 23 Restroom, for short
 26 \$ dispenser
 28 "Pomp and Circumstance" composer
 31 Detail
 33 Thee
 35 Meditative exercise
 36 See-through wrap
 38 Switch positions
 40 Sauce source
 41 Trampled (on)
 43 Witnessed
 45 Twist in pain
 47 Adhere
 51 Risque
 52 Upright
 54 Always
 55 6-Down's surface
 56 Gloomy
 57 Untouchable Eliot
 58 Despondent
 59 Coop group

Down

1 No. 1 choice (SL)
 2 Divisible by two
 3 Rocky peaks
 4 Those opposed
 5 Freedom
 6 Bobby of hockey
 7 Lore
 8 Dog walker's need
 9 Without friendliness
 10 Dizzying symptoms
 11 Apiece
 12 Hot tubs
 13 Director Kazan
 14 Falsehood
 15 Fleur-de-lys
 16 One-time link
 17 Polygonal points
 27 Cattle call?
 29 In bygone days
 30 Shaft of light
 32 Constant sufferers
 34 Remove a lightbulb
 35 Japanese theater
 37 Sodium chloride
 38 Beelzebub
 39 Small songbird
 40 Carry on
 41 Farm fraction
 42 Consider
 43 Small songbird
 44 Carry on
 45 Director Kazan
 46 Farm fraction
 47 Futile
 48 Desire Under the
 —



3 Rocky peaks 27 Cattle call? 53 Environmentally friendly

► Yesterday's answer

F	I	L	S	H	Y	C	A	B	S
A	R	E	A	L	E	D	O	G	R
C	O	N	C	E	A	L	N	E	A
E	N	S	R	I	P	A	S	S	E
C	O	N	D	T					
A	L	T	O	S	M	I	R	S	E
R	E	I	N	P	A	X	U	G	L
M	I	S	S	O	N	S	C	O	P
T	N	T	J	O	T				
S	P	O	R	K	W	O	P	I	
H	O	P	I	C	N	G	E	A	L
O	P	E	O	V	A	G	I	G	A
D	E	N	T	Y	E	S	G	R	A

For today's crossword answers and for expanded horoscopes, go to metronews.ca

►

Today's horoscope

**♈ Aries** March 21-April 20

Where travel plans are concerned today, be flexible and give yourself plenty of time.

♉ Taurus April 21-May 21

You appear to have strayed off track and need to get back on course, both in private affairs and in work.

♊ Gemini May 22-June 21

A little of what you fancy will do you good but there is a danger that a little could easily become a lot.

♋ Cancer June 22-July 22

Decide what your number one priority is and stick to it. Show some of that Cancerian tenacity.

♌ Leo July 23-Aug. 23

You may be tempted to cut corners, but what happens if your superiors don't like the result and you must do it over?

♍ Virgo Aug. 24-Sept. 22

Tone down your act a little and keep a low profile today.

♎ Libra Sept. 23-Oct. 23

If someone tries to find out more about your life than you want known, make your displeasure obvious.

♏ Scorpio Oct. 24-Nov. 22

It might be wise not to trust every thought that enters your head today — and certainly don't tell other people about them.

♐ Sagittarius Nov. 23-Dec. 21

You may have to work with someone you would much rather keep at arm's length. It'll be OK.

♑ Capricorn Dec. 22-Jan. 20

If you take a silly risk at work, you won't do your reputation good.

♒ Aquarius Jan. 21-Feb. 18

Sometimes you don't say enough, but today you will say the right amount to the right person, in exactly the right tone of voice.

♓ Pisces Feb. 19-March 20

Someone has been critical of your efforts recently, but is what he or she said true? ■ SALLY BROMPTON

Can I still buy a new townhome in McKenzie Towne?

Yes.

mosaicmirage.com

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Dark Skinned,
*Hi, you were jogging in Island lakes Sunday morning, tanned, ponytail, and a beautiful smile. Just wanted to say WOW, are you ever beautiful !!!!!!!
 JOGGING PARTNER*

my courtny
*happy birthday! i can't wait to spend the whole day with you. i love you.
 YOUR ANDREA*

Baby Prince
*u taught me how 2 luv sum1&wat real luv is. Baby I luv da way u hold me, kiss me, smell me(hehe), bite me(although it hurts hehe).. Baby Prince!! need u not b/c u need me, but b/c my life is meaningless w/o u..Happy Anniversary I luv u!
 BIG HEAD*

Sudoku

			4	9	2	6		
6	9	3	4	8	7			
4			7	9		1		
5	1		8	6				
7		2	5		9			
5	1	8	7	4	3			
9	5	6	2	3	7			
5	3	8	9	6	7	4	2	1
3	1	4	7	5	2	6	9	8

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

3	1	4	7	5	2	6	9	8
6	9	5	3	1	8	7	4	2
7	8	2	4	9	6	1	5	3
4	5	3	6	8	9	2	1	7
2	6	9	5	7	1	8	3	4
8	7	1	2	4	3	9	6	5
1	4	6	8	2	5	3	7	9
9	2	7	1	3	4	5	8	6
5	3	8	9	6	7	4	2	1

A look at the weather

TODAY



Min 12°
 Max 19°

THURSDAY



Min 10°
 Max 21°

FRIDAY



Min 11°
 Max 19°



**Andrew Schultz,
 Meteorologist**

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". WEEKDAYS 6AM



“Stop it!
 You're getting
 me all wet!”
 JOHN



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

Mosaic



Mirage
 in McKenzie Towne

MIDNIGHT MADNESS

TODAY
WEDNESDAY JULY 20TH
8AM - MIDNIGHT



EMPLOYEE PRICING
YOU PAY WHAT GM EMPLOYEES PAY

TRUCK CLEAROUT MASSIVELY OVERSTOCKED!



112 REGULAR CAB
GMC SIERRA & CHEVY SILVERADO
1500 LS
WAS \$28,155
\$17,995 **\$128**
bi-weekly



166 EXTENDED CAB
GMC SIERRA & CHEVY SILVERADO
1500 4X4 LS
WAS \$36,205
\$24,995 **\$169**
bi-weekly



50 GMC 2500 CREW CAB
GAS. SLE. 4X4
WAS \$52,665
\$41,983 **\$249**
bi-weekly

MODEL CLEAROUT!

56 AVEOS
from
\$7,999
\$54 BI-WEEKLY



BRAND NEW!

CHEVY MALIBUS

33 REMAIN
0% Financing 60 Months



700
NEW VEHICLES
PRICED TO CLEAR

USED CARS FROM
\$400

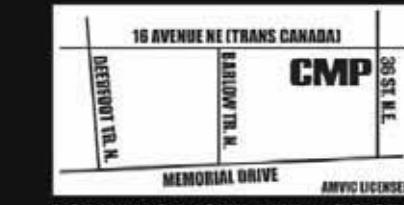
500
USED VEHICLES
MARKED DOWN
FOR 1 DAY ONLY

PRICE LISTS AVAILABLE ON ARRIVAL
**EVERY VEHICLE
MARKED DOWN**



cmpauto.com **403-705-8380**

Interest and fees not included. Errors and omissions excepted. Payments over 60 months, 5.99% APR, O.A.C. GMC 2500 is with 35,000 miles.
Offer prices and payments do not include taxes, fees, and freight charges, errors and omissions excepted. Amt o/s 60 months 5.99% APR, O.A.C.



MONDAY - THURSDAY 8AM-9PM FRIDAY 8AM-6PM SATURDAY 9AM-6PM

